



“Ask  
about  
**PrEP**”

Ask about a  
daily pill that can  
protect you and  
your partners  
from HIV



PrEP is safe and can reduce your risk of HIV by more than 90%.



It takes at least 1 week on PrEP before you'll be protected for anal sex, and 3 weeks for vaginal sex.



Take 1 pill once a day. Finding a routine is essential.



Get tested for HIV and STDs every 3 months.



Tell your provider if you plan to stop (or restart) PrEP.

“Ask  
about  
PrEP”

Ask  
about a daily  
pill that can  
protect you  
and your  
partners